

The Scottish Six Days, a week-long orienteering event, will be celebrating its 25th edition in 2025 having been held every other year since 1977!

FOR IMMEDIATE RELEASE

Scottish 6 Days Orienteering Event

27/7/25–1/8/25

25th Edition of the event

The Scottish 6 Days Orienteering event attracts around 3000 orienteers and their families each time. It offers five full days of orienteering including a follow-the-string course for toddlers, mountain-bike orienteering and a range of running / walking routes to suit everyone from newbies to veterans. There is also a traditional 'rest'-day, which in 2025 will offer a sprint (urban orienteering) in Ballater and a social programme including a ceilidh, whisky-tasting and quiz.

Scottish Orienteering Association Chair, Richard Oxlade, says “The Scottish 6 Days Orienteering Event has been a biennial fixture in the Scottish Orienteering Calendar since 1977. Scottish Orienteering clubs and their members will be staging this multi-day blue riband event for the 25th time and we are really looking forward to welcoming beginners and experienced orienteers of all ages to the wonderful Royal Deeside forests next summer”.

More about orienteering

Orienteering usually involves walking or running a course via a series of checkpoints or controls, using a map for guidance. It is a thriving sport, the perfect opportunity to connect with nature and to discover the breath-taking scenery of Scotland's forests and glens.

Where and When

The Scottish Six Days is returning to the stunning scenery of Royal Deeside, from 27th July until 1st August 2025.

The days will be as follows:

Day 1: 27th July: Glen Feardar East

Day 2: 28th July: Glen Feardar West

Day 3: 29th July: Creag Choinnich

Rest Day: 30th July: Urban Sprint in Ballater

Day 4: 31st July Balfour *

Day 5: 1st August Glen Dye *

*The Balfour and Glen Dye days will be international World Ranking Events (WRE)

Event Coordinator, Nic Crossley says “We’re delighted to be back in Deeside as many orienteers have fond memories of the last time in 2017. We’re trying to attract new people to orienteering - it's a friendly, encouraging, inclusive sport and can be as competitive - or not - as you want it to be.

“Edinburgh hosted the World Orienteering Championships in 2024 (<https://www.woc2024.org/>) which was a massive success and this week promises to be just as exciting and challenging with something for everyone.”

How to Enter

Entries can be made via the event website (<https://scottish6days.com/>) and open 1st December 2024.

To find out more about Orienteering in Scotland Visit the Scottish Orienteering website: <https://www.scottish-orienteering.org/>